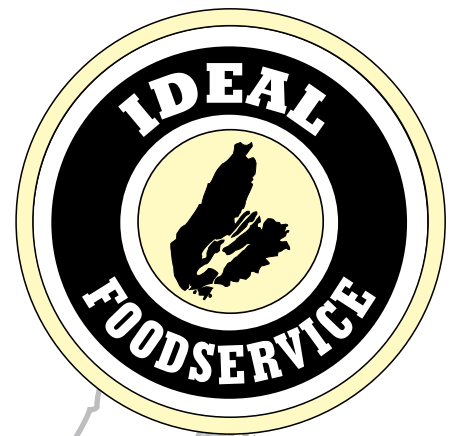


# FoodService

*Nova Scotia Owned and Operated*



*Full Food Service Distributors*



**Pricing valid Feburary 1st to 29th, 2012**



ITEM #		CASE	KG	PORTION
<b>POULTRY</b>				
1	Fryers 9 cut frozen 28 kg avg			\$4.84
2	Cornish Game Hens 12x500 gm			\$7.86
3	Bulk Chicken Wings Frz 18 kg avg			\$6.02
4	Chicken Wings Whole Frz 18 kg avg			\$6.02
5	Chicken Thighs Frz 18 kg avg			\$2.50
6	Chicken Drums and Thighs Frz 18 kg avg			\$3.42
7	Chicken Leg 1/4 18 kg avg			\$3.24
8	Chicken Breast no back Frz 18 kg avg			\$5.85
9	Whole Chickens Frz 3-3.5 lb (28 kg avg)			\$4.17
10	Whole Chickens Frz 4-4.5 lb (28 kg avg)			\$4.47
<b>EXTRA / EXTRA</b>				
11	Pork Chops 5/8" Random 5kg	\$21.95		
12	Hickory Breakfast Sausages 5kg	\$18.50		
13	Pork loin boneless VP Fresh			\$9.50
14	Back Bacon			\$10.04
<b>DELI DELIGHTS</b>				
15	Ham Boneless Netted 4x6kg Avg			\$5.71
16	Black Forest Ham 5x4kg Avg			\$7.03
17	Salami Pork & Beef 10x2kg Avg			\$3.86
18	Smoked Bologna			\$3.99
<b>WINTER BLOW OUT SPECIALS</b>				
19	Frozen Whole Rib Eye Ungraded 4kg Avg			\$5.70
20	Frozen Whole beef Tenderloin Side Mussel On A 2kg Avg.			\$18.93
21	Frozen Tenderloin Butts A 13x1kg Avg			\$20.88
22	Frozen Pork Back Ribs Light 5kg Avg			\$7.69
23	Frozen Sirloin Top Butts A 4.5kg Avg			\$6.37

**Pricing Valid Feburary 1st to 29th, 2012**  
**We Reserve the right to correct any pricing errors.**  
**All prices are subject to stock availability.**

	ITEM #	DESCRIPTION	PACK SIZE	SALE PRICE
	24	Hard Ouzo Candy	4x2.5kg	\$59.28
	25	Solo 12 oz Bistro Coffee Cup	1000 x 12 oz	\$81.80
	26	Kimberley Clark Food Service Wiper	300's	\$57.87
	27	Purell Hand Sanitizer	24 x 59 ml	\$38.00
	28	Beef Pot Roast in Gravy	6x1.36kg	\$117.69
	29	Natural Battered Haddock	10 lb/ 2-4oz	\$70.29
	30	Tomato Basil Bisque Soup	3x4lb	\$36.45
	31	Lasagna Soup with Beef	4x644g	\$52.77
	32	Boneless Skinless Chicken Breast 17%	4 kg (28 x 5oz)	\$42.62
	33	Chicken Supreme 210 240GM	4kg	\$59.52
	34	Strawberry Banana Smoothie	12x300ml	\$17.56
	35	Tropical Smoothie	12x300ml	\$17.56
	36	Exquisite Berry Smoothie	12x300ml	\$17.56
	37	Peanut Butter Cookie	170x42g	\$43.07
	38	Turkey Breast Roasted Salt Free	2x4kg avg	\$13.02
	39	Bacon Ends in Bulk	5kg	\$20.67
	40	Rotini Noodle Pasta	9.07kg	\$34.73

ITEM #	DESCRIPTION	PACK SIZE	SALE PRICE
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41	Tropical Salad Fruit Bowl	6x4x107ml	\$22.36
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42	Medium Bow Tie Pasta	4.54kg	\$19.58
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43	Dark Impulse Whole Bean	4x1.75lb	\$77.74
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44	Orange Spice Tea	6x20	\$17.79
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45	Chicken Breast Strip Thick, Carved	2x2kg	\$76.28
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46	Regular Wiener	24x450g	\$74.08
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47	Pre-Cooked Round Sausage	5kg 50x100gr	\$43.57
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48	Ultimate Caesar Dressing	2x3.89L	\$49.43
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49	Creamy Coleslaw Dressing	2x3.78L	\$36.79
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50	Creamy Caesar Dressing	2x3.78L	\$48.75
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51	Greek Vinaigrette Dressing	2x3.78L	\$48.75
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52	Ranch Dressing	2x3.78L	\$40.12
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53	Thousand Island Dressing	2x3.78L	\$36.03
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54	Fat Free Raspberry Dressing	2x4L	\$54.23
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55	Balsamic Vinegre Dressing	2x3.78L	\$43.94
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56	Creamy Italian Dressing	2x3.78L	\$37.09
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57	Light Italian Dressing Pouch	126x28ml	\$21.65
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58	Light Ranch Dressing Pouch	12x27ml	\$24.06
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59	Creamy Caesar Dressing Pouch	126x29ml	\$25.36
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